

## Newsletter #1 November 2023

Dear Colleagues,

This is the first newsletter about the B-Free trial, and for a good reason. The first patient was screened in Zurich on November 13, 2023. We can finally say that the trial has started and this is a very exciting time!

We take this opportunity to thank all of you who supported us during the past year in making this possible. The collaboration has been a pleasure and we feel lucky to have you and your teams as partners in this adventure.

Kind regards, The B-Free team

## **Updates**

We have received formal approval for B-Free by Swissethics.

The first meeting of the independent data monitoring committee (IDMC) took place in November 2023; the main goal of the meeting was to inform the committee members about B-Free.

The IDMC includes the following international experts:

Linda Wittkop (Chair), Bordeaux, France Esteban Martinez, Barcelona, Spain Jürgen Rockstroh, Bonn, Germany

## Recruitment

The first patient was screened on November 13, 2023 in Zurich.

All other sites are almost ready to recruit.

## **Events**

B-Free will be presented as poster at the Day of Clinical Research of the Department of Clinical Research (University of Bern) on December 7, 2023.

For any question or comment, please email us at **b-free@insel.ch**Have a look at our website: **www.bfree-trial.ch**